

HELPFUL NUMBERS FOR OU STUDENTS, FALL 2020

EMERGENCIES

On or Off-Campus, including cell-phones, 24/7: 911 (*Call 911 first, OU Emergency second!*)

OUPD Emergency. 24/7: 405-325-1911

Safe Ride, Thurs – Sat 10 PM – 3 AM (OU Students): Download 'OU Safe Ride' App

Safe Walk, 8 PM – 2 AM: 405-325-9255 (= 325-WALK)

OU Advocates, 24/7: 405-615-0013 (*see below*) – *violence or harassment*

Behavior Intervention Team, 24/7: 405-325-7700 (*see below*) – *another person is a danger*

OU Campus Police (non-emergency): 405-325-1717

Norman Police (non-emergency): 405-321-1600

Norman Rape Crisis Line (Women's Resource Center): 405-701-5550

Domestic Violence Crisis Line (Women's Resource Center): 405-701-5540 – *emergency shelter*

MEDICAL (non-emergency)

Goddard Health Center, M-F 8 AM – 6 PM: 405-325-4611

Fees vary, but you do not have to have medical insurance. Get FLU-SHOTS in late October. COVID-19 testing is available.

Norman Regional Hospital: 405-307-1000

Classen Urgent Care Clinic, 7 days 7 AM – 10 PM: 405-701-7111 (*options for uninsured*)

COUNSELING/CRISIS

If you experience a health crisis during Counseling Center hours, a faculty or staff member can walk you over to Goddard.

University Counseling Center, Goddard 201, M-F 8 AM - 5 PM: 405-325-2911 (\$10 per session) *Career Counseling is also available.*

National Suicide Prevention Hotline, 24/7: 800-273-8255

Heartline, 24/7: 211 – *general mental and emotional health*

CAREER

Career Services, OMU Suite 323, Walk-Ins M-Thurs 1:30 - 4 PM: 405-325-1974;
oucs@ou.edu

Also see the Corporate Engagement and Career Development Office in the CAS

OTHER RESOURCES

Gender + Equality Center – *social justice for women and LGBTQ students*

OMU Suite 207, M – F 8 AM – 5 PM: 405-325-4929; gec@ou.edu

OU Advocates, 24/7: 405-615-0013

Diversity, Equity, and Inclusion – *support for diversity and inclusion of both individuals and groups on campus*

Evans Hall 201: 405-325-7314

Reporting Hotline, 24/7: 844-428-6531 (OU Board of Regents)

Institutional Equity Office (Title IX Office) – *to report bias, discrimination, harassment, or misconduct by OU community members*

Officer Faustina Layne: 405-325-3546 or 405-325-2215; faustina-layne@ouhsc.edu

Reporting Hotline, 24/7: 844-428-6531 (*online reporting is also available*)

Academic Integrity, Carnegie Building: integrity@ou.edu

Student Conduct: 405-325-1540

OU Food Pantry, Stubbeman Village, Tuesday/Wednesday, 11-1/4:30-6:30 PM:

405-325-2044; OUpantry@ou.edu

Register through ENGAGE and fill out a 'Food Pantry Online Shopping Form'

Sooners Helping Sooners, OMU Suite 370 – *emergency funds*

Apply online: <https://www.ou.edu/give/shs>

OU Compass Network – *a gateway to many student resources, particularly if you feel you have to drop out of school*

Cate 4 (3rd fl), M – F 8 AM – 5 PM: 405-325-8103; compassnetwork@ou.edu

Behavioral Intervention Team (BIT) – *if you think a student is a danger to self or others*, 24/7: 405-325-7700; normanbit@ou.edu

OU Project Threshold – *to assist first generation, economically disadvantaged, or with a disability*

Wagner Hall 215: 405-325-6261; scady@ou.edu

OU Student Legal Services – *if you need to speak with a lawyer*

Couch Tower, 2nd Floor East, M – Thurs 9:30 AM – 2:30 PM: 405-325-6875; SLS@ou.edu

ACADEMIC

Student Learning Center – *tutoring for many subjects is offered throughout campus*

https://www.ou.edu/univcoll/about/action_tutoring

Writing Center – *for help with writing and research*

<https://www.ou.edu/writingcenter>

University Libraries – *if you have a question, ask them!*

<https://libraries.ou.edu/frontpage>

405-325-4142; for texts = 405-592-4199; also stop by in person at the Biz, or use the Online Chat on this page:

<https://libraries.ou.edu/content/ask-us>